

## Shared Ministry in North Newmarket

<i>St. Agnes</i> <i>Exning</i>	<i>St. Martin</i> <i>Exning</i>	<i>St. Mary</i> <i>Newmarket</i>	<i>S</i> <i>t. Nicholas</i> <i>Landwade</i>	<i>St. Philips</i> <i>with St.</i> <i>Etheldreda</i> <i>Exning</i>
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### Lent Course 2022

Online Wednesday Evening from 6.30pm with Compline

### **Stations of the Cross**

The journey of Jesus to the cross



*An Order for Night Prayer (Compline)*  
*Wednesday, 30 March 2022*

Access via telephone (audio only): 03300 945 940, No. 24456910, PIN 7760

Phone access is available from a mobile or landline phone, provided separately to the YouTube stream. Calls are costed the same as a landline number, so if you have weekend landline calls included in your call package, this will be free

## *Preparation*

The Lord almighty grant us a quiet night and a perfect end.

**All** Amen.

Our help is in the name of the Lord

**All** who made heaven and earth.

*A period of silence for reflection on the past day may follow.*

*The following or other suitable words of penitence may be used.*

**All** Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ. Amen.

O God, make speed to save us.

**All** O Lord, make haste to help us.

**All** Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

*The following or other suitable hymn may be sung.*

Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.

From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.

O Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.

## *The Word of God*

### *Psalmody*

## Psalm 139

*Refrain:* Search me out, O God, and know my heart.

1 O Lord, you have searched me out and known me; ♦  
you know my sitting down and my rising up;  
you discern my thoughts from afar.

2 You mark out my journeys and my resting place ♦  
and are acquainted with all my ways.

3 For there is not a word on my tongue, ♦  
but you, O Lord, know it altogether.

4 You encompass me behind and before ♦  
and lay your hand upon me.

5 Such knowledge is too wonderful for me, ♦  
so high that I cannot attain it. *R*

6 Where can I go then from your spirit? ♦  
Or where can I flee from your presence?

7 If I climb up to heaven, you are there; ♦  
if I make the grave my bed, you are there also.

8 If I take the wings of the morning ♦  
and dwell in the uttermost parts of the sea,

9 Even there your hand shall lead me, ♦  
your right hand hold me fast.

10 If I say, 'Surely the darkness will cover me ♦  
and the light around me turn to night,'

11 Even darkness is no darkness with you;  
the night is as clear as the day; ♦  
darkness and light to you are both alike. *R*

12 For you yourself created my inmost parts; ♦  
you knit me together in my mother's womb.

13 I thank you, for I am fearfully and wonderfully made; ♦  
marvellous are your works, my soul knows well.

14 My frame was not hidden from you, ♦  
when I was made in secret  
and woven in the depths of the earth.

15Your eyes beheld my form, as yet unfinished; ♦  
already in your book were all my members written,

16As day by day they were fashioned ♦  
when as yet there was none of them.

17How deep are your counsels to me, O God! ♦  
How great is the sum of them!

18If I count them, they are more in number than the sand, ♦  
and at the end, I am still in your presence. **R**

**Refrain:** *Search me out, O God, and know my heart.*

*Creator God,  
may every breath we take be for your glory,  
may every footstep show you as our way,  
that, trusting in your presence in this world,  
we may, beyond this life, still be with you  
where you are alive and reign  
for ever and ever.*

**At the end of the psalmody the following is said or sung**

**All** Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

### **Scripture Reading**

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin?

*Isaiah 58. 6,7*

**The following responsory may be said**

Into your hands, O Lord, I commend my spirit.

**All** Into your hands, O Lord, I commend my spirit.

For you have redeemed me, Lord God of truth.

**All** I commend my spirit.

Glory to the Father and to the Son

and to the Holy Spirit.

**All** Into your hands, O Lord, I commend my spirit.

Keep me as the apple of your eye.

**All** Hide me under the shadow of your wings.

## *Gospel Cantic*

*The Nunc Dimittis (Song of Simeon) is said or sung.*

**All** Christ died for us,  
so that, whether we wake or sleep,  
we might live with him.

1 Now, Lord, you let your servant go in peace: ♦  
your word has been fulfilled.

2 My own eyes have seen the salvation ♦  
which you have prepared in the sight of every people;

3 A light to reveal you to the nations ♦  
and the glory of your people Israel.

*Luke 2.29-32*

**All** Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.

**All** Christ died for us,  
so that, whether we wake or sleep,  
we might live with him.

## *Prayers*

*Intercessions and thanksgivings may be offered here.*

## *The Collect*

*Silence may be kept.*

Almighty God,  
may we, by the prayer and discipline of Lent,  
enter into the mystery of Christ's sufferings;  
that by following in the Way,  
we may come to share in the glory;  
through Jesus Christ our Lord.

**All** Amen.

*The Lord's Prayer may be said.*

## *The Conclusion*

In peace we will lie down and sleep;  
**All** for you alone, Lord, make us dwell in safety.

Abide with us, Lord Jesus,

**All**for the night is at hand and the day is now past.

As the night watch looks for the morning,

**All**so do we look for you, O Christ.

May God bless us,

that in us may be found love and humility,

obedience and thanksgiving,

discipline, gentleness and peace.

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