

SHARED MINISTRY IN EXNING AND NORTH NEWMARKET

**ELEVENTH SUNDAY AFTER TRINITY**

**15 AUGUST 2021**



*Access via YouTube (audio and visual):*

*Access via telephone (audio only): 03300 945 940, No. 24456910, PIN 7760*

*Phone access is available from a mobile or landline phone, provided separately to the YouTube stream. Calls are costed the same as a landline number, so if you have weekend landline calls included in your call package, this will be free.*

## **The Greeting**

*The president greets the people*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

*All* **Amen.**

The Lord be with you

*All* **and also with you.**

## **Prayer of Preparation**

*All* **Almighty God,**  
**to whom all hearts are open,**  
**all desires known,**  
**and from whom no secrets are hidden:**  
**cleanse the thoughts of our hearts**  
**by the inspiration of your Holy Spirit,**  
**that we may perfectly love you,**  
**and worthily magnify your holy name;**  
**through Christ our Lord.**  
**Amen.**

## **Prayers of Penitence**

Our Lord Jesus Christ said:

The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

*All* **Amen. Lord, have mercy.**

*A minister uses a seasonal invitation to confession or these or other suitable words*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,

and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**All Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

*The president says*

God who is both power and love, forgive you and free you from your sins,  
heal and strengthen you by his Spirit, and raise you to new life in Christ  
our Lord.

**All Amen.**

Gloria in Excelsis

*The Gloria in excelsis may be used*

**All Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,**

**you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

### **The Collect**

*The president introduces a period of silent prayer.*

Let us pray. O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.  
*All* **Amen.**

### **The Liturgy of the Word**

#### **First Reading**

<sup>15</sup> Be careful then how you live, not as unwise people but as wise, <sup>16</sup> making the most of the time, because the days are evil. <sup>17</sup> So do not be foolish, but understand what the will of the Lord is. <sup>18</sup> Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, <sup>19</sup> as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, <sup>20</sup> giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

*Ephesians 5.15-20*

This is the word of the LORD

**All: Thanks be to God**

#### **Gradual Psalm**

O fear the LORD, you his holy ones,  
for those who fear him have no want.  
<sup>10</sup> The young lions suffer want and hunger,  
but those who seek the LORD lack no good thing.  
<sup>11</sup> Come, O children, listen to me;  
I will teach you the fear of the LORD.

- <sup>12</sup> Which of you desires life,  
and covets many days to enjoy good?  
<sup>13</sup> Keep your tongue from evil,  
and your lips from speaking deceit.  
<sup>14</sup> Depart from evil, and do good;  
seek peace, and pursue it.

*Psalm 34.9-14*

### ***The Gospel Reading***

Alleluia, alleluia, alleluia.

Speak, Lord, for your servant is listening: you have the words of eternal life  
**Alleluia, alleluia, alleluia.**

The Lord be with you.  
**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to John  
**Glory to you, O Lord.**

*John 6.51-58*

<sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

<sup>52</sup> The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' <sup>53</sup> So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. <sup>54</sup> Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; <sup>55</sup> for my flesh is true food and my blood is true drink. <sup>56</sup> Those who eat my flesh and drink my blood abide in me, and I in them. <sup>57</sup> Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. <sup>58</sup> This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

**The Creed**

**All We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## **The Peace**

Christ is our peace.  
He has reconciled us to God  
in one body by the cross.  
We meet in his name and share his peace.

The peace of the triune God be always with you  
**and also with you.**

Let us offer one another a sign of peace.   
*All may express a virtual sign of peace.*

## **Prayer over the Offerings**

Blessed are you, Lord God of all creation:  
through your goodness we have this bread to set before you,  
which earth has given and human hands have made.  
It will become for us the bread of life.  
**All Blessed be God for ever.**

Blessed are you, Lord God of all creation:  
through your goodness we have this wine to set before you,  
fruit of the vine and work of human hands.  
It will become for us the cup of salvation.  
**All Blessed be God for ever.**

## **Thanksgiving**

Yours, Lord, is the greatness, the power, the glory, the splendour and the  
majesty; for everything in heaven and on earth is yours.

**All things come from you, and of your own do we give you.**

## **Eucharistic Prayer**

The Lord be with you;  
**and also with you.**

Lift up your hearts:  
**we lift them to the Lord.**

Let us give thanks to the Lord our God:

**it is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.  
By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the ✠ Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness; grant that by the power  
of your Holy Spirit, and according to your holy will, these gifts of bread and  
wine may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins;

do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

*All* **Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup

and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of [*N and*] all the saints,  
may praise and glorify you for ever,

through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

### *The Lord's Prayer*

Let us pray with confidence as our Saviour has taught us:

**Our Father, ...**

### *Breaking of the Bread*

We break this bread to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*All* **Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

### ***Invitation to Communion***

Draw near with faith.  
Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.  
Eat and drink  
in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

*The Holy Communion at this time is received in the form of the bread only.*

### ***Prayer after Communion***

*The celebrant says:*

Let us pray.

Lord of all mercy,  
we your faithful people have celebrated that one true sacrifice  
which takes away our sins and brings pardon and peace:  
by our communion  
keep us firm on the foundation of the gospel  
and preserve us from all sin;  
through Jesus Christ our Lord.

**All: Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work**

**to your praise and glory.  
Amen.**

***The Blessing***

*The president may use a seasonal blessing, or another suitable blessing*  
**All Amen.**

***The Dismissal***

**Go in peace to love and serve the Lord.  
In the name of Christ. Amen.**

*Common Worship: Services and Prayers for the Church of England (2000) and New Patterns for Worship (2008), material from which is included in this service, is copyright © The Archbishop's Council. The act of spiritual communion is taken from the Archbishops's Guidance on Spiritual Communion and Coronavirus (2020). Scriptural quotations are taken from the New Revised Standard Version Bible: Anglicised Catholic Edition, copyright © 1989, 1993, 1995 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America; used by permission, all rights reserved.*