

SHARED MINISTRY IN EXNING AND NORTH NEWMARKET

**WEDNESDAY** IN THE **TWENTIETH WEEK OF ORDINARY TIME**

**SOLEMN EVENSONG AND BENEDICTION**



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## Opening Sentence

O how sweet are thy words unto my throat; yea, sweeter than honey unto my mouth

*Psalm 119.103*

## Preces

**O** Lord, open thou our lips;  
**and our mouth shall shew forth thy praise.**

O God, make speed to save ✕ us;

**O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Ghost;  
**as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

Praise ye the Lord;  
**the Lord's name be praised.**

## Office Hymn

Round me falls the night;  
Saviour, be my light;  
through the hours in darkness shrouded  
let me see thy face unclouded;  
let thy glory shine  
in this heart of mine.

Earthly work is done,  
earthly sounds are none;  
rest in sleep and silence seeking,  
let me hear thee softly speaking;  
in my spirit's ear  
whisper, 'I am near.'

Blessèd, heavenly Light,  
shining through earth's night;  
voice, that oft of love hast told me;  
arms, so strong to clasp and hold me;  
thou thy watch wilt keep,  
Saviour, o'er my sleep.

## Psalm

My soul hath longed for thy salvation :  
and I have a good hope because of thy word.

*Mine eyes long sore for thy word :  
saying, O when wilt thou comfort me?*

For I am become like a bottle in the smoke :  
yet do I not forget thy statutes.

*How many are the days of thy servant :  
when wilt thou be avenged of them that persecute me?*

The proud have digged pits for me :  
which are not after thy law.

*All thy commandments are true :  
they persecute me falsely; O be thou my help.*

They had almost made an end of me upon earth :  
but I forsook not thy commandments.

*O quicken me after thy loving-kindness :  
and so shall I keep the testimonies of thy mouth.*

O Lord, thy word :  
endureth for ever in heaven.

*Thy truth also remaineth from one generation to another :  
thou hast laid the foundation of the earth, and it abideth.*

They continue this day according to thine ordinance :  
for all things serve thee.

*If my delight had not been in thy law :  
I should have perished in my trouble.*

I will never forget thy commandments :  
for with them thou hast quickened me.

*I am thine, O save me :  
for I have sought thy commandments.*

The ungodly laid wait for me to destroy me :  
but I will consider thy testimonies.

*I see that all things come to an end :  
but thy commandment is exceeding broad.*

Lord, what love have I unto thy law :  
all the day long is my study in it.

*Thou through thy commandments hast made me wiser than mine enemies :  
for they are ever with me.*

I have more understanding than my teachers :  
for thy testimonies are my study.

*I am wiser than the aged :  
because I keep thy commandments.*

I have refrained my feet from every evil way :  
that I may keep thy word.

*I have not shrunk from thy judgements :  
for thou teachest me.*

O how sweet are thy words unto my throat :  
yea, sweeter than honey unto my mouth.

*Through thy commandments I get understanding :  
therefore I hate all evil ways.*

*Psalm 119.81-104*

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

### ***First Reading***

The first lesson is written in the book of the Proverbs, the second chapter:

My child, if you accept my words and treasure up my commandments within you, making your ear attentive to wisdom and inclining your heart to understanding; if you indeed cry out for insight, and raise your voice for understanding; if you seek it like silver, and search for it as for hidden treasures – then you will understand the fear of the Lord and find the knowledge of God. For the Lord gives wisdom; from his mouth come knowledge and understanding; he stores up sound wisdom for the upright; he is a shield to those who walk blamelessly, guarding the paths of justice and preserving the way of his faithful ones. Then you will understand righteousness and justice and equity, every good path; for wisdom will come into your heart, and knowledge will be pleasant to your soul; prudence will watch over you; and understanding will guard you. It will save you from the way of evil, from those who speak perversely, who forsake the paths of uprightness to walk in the ways of darkness, who rejoice in doing evil and delight in the perverseness of evil; those whose paths are crooked, and who are devious in their ways. You will be saved from the loose woman, from the

adulteress with her smooth words, who forsakes the partner of her youth and forgets her sacred covenant; for her way leads down to death, and her paths to the shades; those who go to her never come back, nor do they regain the paths of life. Therefore walk in the way of the good, and keep to the paths of the just. For the upright will abide in the land, and the innocent will remain in it; but the wicked will be cut off from the land, and the treacherous will be rooted out of it.

*Proverbs 2*

Here endeth the first lesson.

## **Magnificat**

*Incense is lit at the altar.*

**M**y soul doth magnify the Lord :  
and my spirit hath rejoiced in God my Saviour.

*For he hath regarded :  
the lowliness of his hand-maiden.*

For behold, from henceforth :  
all generations shall call me blessed.

*For he that is mighty hath magnified me :  
and holy is his Name.*

And his mercy is on them that fear him :  
throughout all generations.

*He hath shewed strength with his arm :  
he hath scattered the proud in the imagination of their hearts.*

He hath put down the mighty from their seat :  
and hath exalted the humble and meek.

*He hath filled the hungry with good things :  
and the rich he hath sent empty away.*

He remembering his mercy hath holpen his servant Israel :  
as he promised to our forefathers, Abraham and his seed, for ever. *Luke 1.46-55*

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

## Second Reading

The second lesson is written in the Gospel according to Saint Mark, the third chapter, beginning in the nineteenth verse:

Then Jesus went home; and the crowd came together again, so that they could not even eat. When his family heard it, they went out to restrain him, for people were saying, 'He has gone out of his mind.' And the scribes who came down from Jerusalem said, 'He has Beelzebul, and by the ruler of the demons he casts out demons.' And he called them to him, and spoke to them in parables, 'How can Satan cast out Satan? If a kingdom is divided against itself, that kingdom cannot stand. And if a house is divided against itself, that house will not be able to stand. And if Satan has risen up against himself and is divided, he cannot stand, but his end has come. But no one can enter a strong man's house and plunder his property without first tying up the strong man; then indeed the house can be plundered. Truly I tell you, people will be forgiven for their sins and whatever blasphemies they utter; but whoever blasphemes against the Holy Spirit can never have forgiveness, but is guilty of an eternal sin' – for they had said, 'He has an unclean spirit.' Then his mother and his brothers came; and standing outside, they sent to him and called him. A crowd was sitting around him; and they said to him, 'Your mother and your brothers and sisters are outside, asking for you.' And he replied, 'Who are my mother and my brothers?' And looking at those who sat around him, he said, 'Here are my mother and my brothers! Whoever does the will of God is my brother and sister and mother.'

Here endeth the second lesson.

## Nunc Dimittis

**L**ord, now lettest thou thy servant depart in peace :  
according to thy word.

*For mine eyes have seen :  
thy salvation;*

Which thou hast prepared :  
before the face of all people;

*To be a light to lighten the Gentiles :  
and to be the glory of thy people Israel.*

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

*Apostles' Creed*

**I believe in God the Father Almighty,  
maker of heaven and earth:**

**And in Jesus Christ his only Son our Lord, who was conceived by  
the Holy Ghost, born of the Virgin Mary, suffered under Pontius  
Pilate, was crucified, dead, and buried: he descended into hell; the  
third day he rose again from the dead; he ascended into heaven,  
and sitteth on the right hand of God the Father Almighty; from  
thence he shall come to judge the quick and the dead.**

**I believe in the Holy Ghost; The holy Catholick Church; the  
Communion of Saints; the Forgiveness of sins; the Resurrection of  
the body, and the Life everlasting. Amen.**

*Responses*

The Lord be with you;  
**and with thy Spirit.**

Let us pray.

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

**O**ur Father, which art in heaven, hallowed be thy name; thy  
kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread; and forgive us our trespasses, as we  
forgive them that trespass against us; and lead us not into  
temptation, but deliver us from evil. Amen.

O Lord, shew thy mercy upon us;  
**and grant us thy salvation.**

O Lord, save the Queen;  
**and mercifully hear us when we call upon thee.**

Endue thy ministers with righteousness;  
**and make thy chosen people joyful.**

O Lord, save thy people;  
**and bless thine inheritance.**

Give peace in our time, O Lord;  
**because there is none other that fighteth for us,  
but only thou, O God.**

O God, make clean our hearts within us;  
**and take not thy Holy Spirit from us.**

### ***Collect of the Day***

Let thy merciful ears, O Lord, be open unto the prayers of thy humble servants; and that they may obtain their petitions, make them to ask such things as shall please thee; through Jesus Christ our Lord. **Amen.**

### ***Collect for Peace***

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that both our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour. **Amen.**

### ***Collect for Aid against all Perils***

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ. **Amen.**

### ***Conclusion***

**The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen.**

*2 Corinthians 13.14*

*The Blessed Sacrament is exposed on the altar.*

**O saving Victim, opening wide  
the gate of heaven to us below;  
our foes press hard on every side,  
thine aid supply, thy strength bestow.**

**All praise and thanks to thee ascend  
for evermore, blest One in Three;  
O grant us life that shall not end,  
in our true native land with thee. Amen.**

**Litany**

Let us pray.

God the Father, **have mercy on us.**

God the Son, **have mercy on us.**

God the Holy Spirit, **have mercy on us.**

God the Holy and Undivided Trinity, **have mercy on us.**

Through thy triumphal entry into Jerusalem, **deliver us, O Lord.**

Through thine overturning of the tables in the temple, **deliver us, O Lord.**

Through thy Last Supper with thy disciples, **deliver us, O Lord.**

Through thy washing of their feet, **deliver us, O Lord.**

Through thy betrayal, arrest and trial, **deliver us, O Lord.**

Through thy hanging on the Cross, **deliver us, O Lord.**

Through thy death and burial in the tomb, **deliver us, O Lord.**

Through thy glorious resurrection, **deliver us, O Lord.**

Through thy triumphal ascension into heaven, **deliver us, O Lord.**

Through thy giving of the Holy Spirit, **deliver us, O Lord.**

Through thy triune majesty, **deliver us, O Lord.**

From all our sin and pride, **deliver us, O Lord.**

From all our faults and failings, **deliver us, O Lord.**

From all vanity, deceit and falsehood, **deliver us, O Lord.**

From all selfishness and greed, **deliver us, O Lord.**

From hopelessness and unbelief, **deliver us, O Lord.**

From all the sufferings of this world, **deliver us, O Lord.**

From this novel coronavirus, **deliver us, O Lord.**

From all ill effects of quarantine and isolation, **deliver us, O Lord.**

From all our trials and temptations, **deliver us, O Lord.**

Son of David, **spare us, O Lord.**

Son of David, **graciously hear us, O Lord.**

Son of David, **have mercy on us.**

### **Collect**

Let us pray.

**O** risen, ascended and glorified Christ: pour out the blessings of thy wondrous kingdom upon all thy creation, that we may see the signs of thy glory and know the comfort of thy spirit here on earth; and that with all thy faithful people we may come to enjoy the fullness of thy heavenly presence; who livest and reignest with the Father and the Holy Ghost, one God, for ever and ever. **Amen.**

### **The Lord's Prayer**

Let us pray with confidence as our Saviour hath taught us.

**Our Father, ...**

### **Adoration**

**Therefore we, before him bending,  
this great sacrament revere:  
types and shadows have their ending,  
for the newer rite is here;  
faith our outward sense befriending,  
makes the inward vision clear.**

**Glory let us give and blessing  
to the Father and the Son,  
honour, might and praise addressing,  
while eternal ages run;  
ever too his love confessing,  
who from both with both is one. Amen.**

## Collect

Thou gavest them bread from heaven;  
**containing in itself all sweetness.**

Let us pray.

**L**ord Jesus Christ, who in this wonderful sacrament has left unto us a memorial of thy passion: grant us, we beseech thee, so to reverence the sacred mysteries of thy body and blood, that we may ever perceive within ourselves and shew forth in our lives the fruits of thy redemption; who livest and reignest, for ever and ever. **Amen.**

## Benediction

*Benediction is given.*

## Divine Praises

Blessed be God. **Blessed be God.**

Blessed be his Holy Name. **Blessed ...**

Blessed be Jesus Christ, true God and true man. **Blessed ...**

Blessed be the name of Jesus. **Blessed ...**

Blessed be his Most Sacred Heart. **Blessed ...**

Blessed be his Most Precious Blood. **Blessed ...**

Blessed be Jesus in the Most Holy Sacrament of the Altar. **Blessed ...**

Blessed be the Holy Spirit, the Paraclete. **Blessed ...**

Blessed be the great Mother of God, Mary Most Holy. **Blessed ...**

Blessed be her glorious assumption. **Blessed ...**

Blessed be the name of Mary, Virgin and Mother. **Blessed ...**

Blessed be Saint Joseph, her spouse most chaste. **Blessed ...**

Blessed be God in his angels and in his saints. **Blessed ...**

Blessed be God. **Blessed ...**

## Psalm

**Let us adore for ever the most holy Sacrament.**

O praise the Lord, all ye heathen :  
praise him, all ye nations.

*For his merciful kindness is ever more and more towards us :  
and the truth of the Lord endureth for ever. Praise the Lord.*

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

**Let us adore for ever the most holy Sacrament.**

**Reposition**

*The Blessed Sacrament is removed from the altar.*

**Blessed and praised be Jesus Christ! Hosanna in the highest!**  
**In the most holy Sacrament! Hosanna in the highest!**

Those who sat at meat with Jesus, their eyes were opened.

**Hosanna in the highest!**

He hath been known of them in breaking of bread.

**Hosanna in the highest!**

*cf. Luke 24.31a, 35*

**Let us go forth with Christ's blessing! Hosanna in the highest!**  
**Blessed and praised be Jesus Christ! Hosanna in the highest!**