

SHARED MINISTRY IN EXNING AND NORTH NEWMARKET

MASS OF THE FIRST SUNDAY AFTER TRINITY



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Greeting

In the name of the Father, and of the Son, and of the Holy ✠ Spirit.
Amen.

The Lord be with you;
and also with you.

Confession

St Paul says, be imitators of God: love as Christ loved, do not grieve the Holy Spirit, put away all anger and bitterness, all slander and malice.' So let us confess our sins to God, who forgives us in Christ. *cf. Ephesians 4.30-5.1*

The Lord is my shepherd; therefore can I lack nothing:
Lord have mercy. **Lord have mercy.**

He makes me lie down in green pastures and leads me beside still waters:
Christ have mercy. **Christ have mercy.**

He shall refresh my soul and guide me in the paths of righteousness
for his name's sake:
Lord have mercy. **Lord have mercy.** *Psalm 23.1-3*

Almighty God, who forgives all who truly repent, have mercy upon you,
pardon and deliver you from all your sins, confirm and strengthen you in
all goodness, and keep you in life eternal; through Jesus Christ our Lord.
Amen.

Gloria

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Let us pray.

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Epistle Reading

A reading from the book of the Exodus:

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the Lord called to him from the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.'

So Moses came, summoned the elders of the people, and set before them all these words that the Lord had commanded him. The people all answered as one: 'Everything that the Lord has spoken we will do.'

Exodus 19.2-8a

This is the word of the Lord.

Thanks be to God.

Gradual Psalm

R: Give thanks to the Lord and bless his name.

O be joyful in the Lord, all the earth;
serve the Lord with gladness and come before his presence with a song.
Know that the Lord is God; it is he that has made us and we are his;
we are his people and the sheep of his pasture. R

Enter his gates with thanksgiving and his courts with praise;
give thanks to him and bless his name.

For the Lord is gracious; his steadfast love is everlasting,
and his faithfulness endures from generation to generation. R

Psalm 100

Gospel Reading

Alleluia! Alleluia! Alleluia! Alleluia!

Speak, Lord, for your servant is listening;
you have the words of eternal life.

1 Samuel 3.9

John 6.68

Alleluia! Alleluia! Alleluia! Alleluia!

The Lord be with you;
and also with you.

Hear the ✠ Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, O Lord.

Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.' Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: 'Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, "The kingdom of heaven has come near." Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.'

Matthew 9.35-10.8

This is the Gospel of the Lord.

Praise to you, O Christ.

Address

A short address is given.

Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Intercessions

Prayers of intercession are offered.

Merciful Father,
Acept these prayers
for the sake of your Son,
our Saviour, Jesus Christ.
Amen.

Declaration of the Peace

Christ is our peace: he has reconciled us to God in one body on the cross.
We meet in his name and share his peace.

The peace of the Lord be always with you;
and also with you.

Let us offer one another a sign of peace. ☩

All may express a sign of peace.

Prayer over the Offerings

Yours, Lord, is the greatness, the power, the glory,
the splendour and the majesty;
for everything in heaven and on earth is yours.
**All things come from you,
and of your own do we give you.**

Eucharistic Prayer

The Lord be with you;
and also with you.

Lift up your hearts:
we lift them to the Lord.

Let us give thanks to the Lord our God:
it is right to give thanks and praise.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.

From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death with light that will not fade.

This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.

And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.

And so, with choirs of angels and with all the heavenly host,
we proclaim your glory and join their unending song of praise:

Holy, holy, holy Lord,
H God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.

Blessed is he who comes in the name of the ✠ Lord.
Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness; grant that by the
power of your Holy Spirit, and according to your holy will, these gifts of
bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins;
do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:
Christ has died, Christ is risen, Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice
made once for the sins of the whole world; rejoicing in his mighty
resurrection and glorious ascension, and looking for his coming in glory, we
celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before
you this bread and this cup and we thank you for counting us worthy to stand
in your presence and serve you. Remember, Lord, your Church in every land.
Reveal her unity, guard her faith, and preserve her in peace.

Send the Holy Spirit on your people and gather into one in your kingdom all
who share this one bread and one cup, so that we, in the company of the
Blessed Virgin Mary, St Agnes, St Etheldreda, St Martin, St Nicholas, St Philip
and all the saints, may praise and glorify you for ever, through Jesus Christ
our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all
honour and glory be yours, almighty Father, for ever and ever. **Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us:

Our Father, ...

Breaking of the Bread

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Jesus, Lamb of God, have mercy on us.
Jesus, Bearer of our sins, have mercy on us.
Jesus, Redeemer of the world, grant us peace.

Invitation to Communion

Jesus is the Lamb of ✠ God that takes away the sin of the world.
J Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

*Those who are unable to receive the bread and wine of communion at this time
may make an act of spiritual communion using the words:*

Lord Jesus Christ, since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.

Prayer after Communion

Let us pray.

Eternal Father, we thank you for nourishing us with these heavenly gifts:
E may our communion strengthen us in faith, build us up in hope, and make
us grow in love; for the sake of Jesus Christ our Lord. **Amen.**

Blessing

The Lord be with you;
and also with you.

The God of all grace, who called you to his eternal glory in Christ Jesus,
T establish, strengthen and settle you in the faith; and the blessing of God
almighty, the Father, the Son, and the Holy Spirit, be among you and remain
with you always. **Amen.**

Dismissal

Go in the peace of Christ.

Thanks be to God.