

SHARED MINISTRY IN EXNING AND NORTH NEWMARKET

## **ASCENSION DAY**

**21<sup>ST</sup> MAY 2020**

**7PM**



*Access via YouTube (audio and visual): <https://youtu.be/qLluLioF948>*

*Access via telephone (audio only): 03300 945 940, No. 24456910, PIN 7760*

*Phone access is available from a mobile or landline phone, provided separately to the YouTube stream. Calls are costed the same as a landline number, so if you have weekend landline calls included in your call package, this will be free.*

## Greeting

In the name of the Father, and of the Son, and of the Holy ✠ Spirit.  
**Amen.**

The Lord be with you;  
**and also with you.**

Alleluia! Christ is risen.  
**He is risen indeed. Alleluia!**

## Confession

Jesus Christ, risen Master and triumphant Lord, we come to you in sorrow for our sins, and confess to you our weakness and unbelief.

We have lived by our own strength,  
and not by the power of your resurrection.

In your mercy, forgive us.  
**Lord, hear us and help us.**

We have lived by the light of our own eyes,  
as faithless and not believing.

In your mercy, forgive us.  
**Lord, hear us and help us.**

We have lived for this world alone,  
and doubted our home in heaven.

In your mercy, forgive us.  
**Lord, hear us and help us.**

**A**lmighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

## *Gloria*

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world: have mercy on us;  
you are seated at the right hand of the Father: receive our prayer.  
For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.  
Amen.**

## *Collect*

Let us pray.

**G**rant, we pray, Almighty God, that as we believe your only-begotten Son our Lord Jesus Christ to have ascended into the heavens, so we may also in heart and mind thither ascend, and with him continually dwell; who is alive and reigns with you, in the unity of the Holy Ghost, one God, now and for ever. **Amen.**

## *Epistle Reading*

A reading from the Acts of the Apostles:

The former treatise have I made, O Theophilus, of all that Jesus began both to do and teach, until the day in which he was taken up, after that he through the Holy Ghost had given commandments unto the Apostles whom he had chosen: to whom also he shewed himself alive after his passion, by many infallible proofs; being seen of them forty days, and speaking of the things pertaining to the kingdom of God: and, being assembled together with them, commanded them that they should not depart from Jerusalem, but wait for the promise of the Father, which, saith

he, ye have heard of me. For John truly baptized with water, but ye shall be baptized with the Holy Ghost not many days hence. When they therefore were come together, they asked of him, saying, Lord, wilt thou at this time restore again the kingdom to Israel? And he said unto them, It is not for you to know the times or the seasons, which the Father hath put in his own power. But ye shall receive power after that the Holy Ghost is come upon you; and ye shall be witnesses unto me, both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth. And when he had spoken these things, while they beheld, he was taken up, and a cloud received him out of their sight. And while they looked steadfastly toward heaven, as he went up, behold, two men stood by them in white apparel; which also said, Ye men of Galilee, why stand ye gazing up into heaven? This same Jesus, which is taken up from you into heaven, shall so come, in like manner as ye have seen him go into heaven. *Acts 1.1-11*

This is the word of the Lord.

**Thanks be to God.**

### ***Gradual Psalm***

**R: Alleluia! The Lord shall reign for ever and ever**

The Lord is king and has put on glorious apparel;  
the Lord has put on his glory and girded himself with strength.  
He has made the whole world so sure that it cannot be moved. R

Your throne has been established from of old; you are from everlasting.  
The floods have lifted up, O Lord, the floods have lifted up their voice;  
the floods lift up their pounding waves. R

Mightier than the thunder of many waters,  
mightier than the breakers of the sea, the Lord on high is mightier.  
Your testimonies are very sure;  
Holiness adorns your house, O Lord, for ever. R *Psalm 93*

### ***Gospel Reading***

Alleluia, alleluia.

Go and make disciples of all nations, says the Lord.  
Remember, I am with you always, to the end of the age.

**Alleluia!**

The Lord be with you;  
**and also with you.**

**H**ear the ✠ Gospel of our Lord Jesus Christ according to Luke  
**Glory to you, O Lord.**

Then he said to them, “These are my words that I spoke to you while I was still with you – that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.” Then he opened their minds to understand the scriptures, and he said to them, “Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high.”

Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. While he was blessing them, he withdrew from them and was carried up into heaven. And they worshipped him, and returned to Jerusalem with great joy; and they were continually in the temple blessing God. Luke 24.44-53

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

**Address**

*A short address is given.*

**Creed**

**W**e believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father;  
through him all things were made,**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

### ***Intercessions***

*Prayers of intercession are offered.*

**M**erciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour, Jesus Christ.  
Amen.**

### ***Declaration of the Peace***

Jesus says: 'Peace I leave with you; my peace I give to you.  
If you love me, rejoice because I am going to the Father'. Alleluia.

The peace of the risen Christ be always with you;  
**and also with you.**

Let us offer one another a sign of peace. ✎

*All may express a sign of peace.*

### **Prayer over the Offerings**

**B**lessed be God, by whose grace creation is renewed,  
by whose love heaven is opened,  
by whose mercy we offer our sacrifice of praise.

**Blessed be God for ever.**

### **Eucharistic Prayer**

The Lord be with you;  
**and also with you.**

Lift up your hearts:  
**we lift them to the Lord.**

Let us give thanks to the Lord our God:  
**it is right to give thanks and praise.**

**I**t is indeed right and good, our duty and our joy,  
always and everywhere to give you thanks,  
Holy Father, almighty and eternal God,  
through Jesus Christ the King of glory.  
Born of a woman, he came to the rescue of our human race.  
Dying for us, he trampled death and conquered sin.  
By the glory of his resurrection he opened the way to life eternal  
and by his ascension, gave us the sure hope that where he is we may also be.  
Therefore the universe resounds with Easter joy  
and with choirs of angels we sing for ever to your praise:

**H**oly, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
**Hosanna in the highest.**

**Blessed is he who comes in the name of the ✎ Lord.  
Hosanna in the highest.**

**L**ord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins;  
do this, as often as you drink it, in remembrance of me.

**G**reat is the mystery of faith:  
**Christ has died, Christ is risen, Christ will come again.**

**A**nd so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you. Remember, Lord, your Church in every land. Reveal her unity, guard her faith, and preserve her in peace.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, St Agnes, St Etheldreda, St Martin, St Nicholas, St Philip and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen.**

## **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us:

**Our Father, ...**

### **Breaking of the Bread**

Jesus says, I am the bread of life, whoever eats this bread will live for ever.

**Lord, our hearts hunger for you; give us this bread always.**

**J**esus, Lamb of God, have mercy on us.

**J**esus, Bearer of our sins, have mercy on us.

**J**esus, Redeemer of the world, grant us peace.

### **Invitation to Communion**

**J**esus is the Lamb of God that takes away the sin of the world.

**J** Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

Alleluia! Christ our Passover is sacrificed for us;

**therefore let us keep the feast. Alleluia.**

*The priest receives communion. Those participating online may make a spiritual communion using the words:*

Lord Jesus Christ, since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.

### **Prayer after Communion**

Let us pray.

**G**od our Father, you have raised our humanity in Christ and have fed us with the bread of heaven: mercifully grant that, nourished with such spiritual blessings, we may set our hearts in the heavenly places; through Jesus Christ our Lord. **Amen.**

## **Dismissal Reading**

A reading from the Acts of the Apostles:

Then the disciples returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. When they had entered the city, they went to the room upstairs where they were staying. They were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers. *Acts 1.12-13a, 14*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Blessing**

The Lord be with you;  
**and also with you.**

Alleluia. Christ is risen.

**He is risen indeed. Alleluia.**

**M**ay the Spirit, who set the Church on fire upon the day of Pentecost, bring the world alive with the love of the risen Christ; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

## **Dismissal**

Waiting expectantly for the promised Holy Spirit,  
go in the peace of Christ. Alleluia! Alleluia!

**Thanks be to God. Alleluia! Alleluia!**

*Common Worship: Services and Prayers for the Church of England (2000), Times and Seasons (2006) and Festivals (2008), material from which is included in this service, is copyright © The Archbishop's Council. The act of spiritual communion is taken from the Archbishop's Guidance on Spiritual Communion and Coronavirus (2020).*